



...The tongue of the wise brings healing.--Proverbs 12:18

**Course Number and Title:** NUR 3023/NUR 3020 – Health Assessment with Lab

**Credit Hours:** 3 Semester Hours

**Placement:** Sophomore Year  
Summer 2009

**Faculty:** Patrick Heyman, PhD, ARNP  
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### **Course Description:**

Uses the nursing process with an emphasis on assessment, based on General System Theory, to determine the health status of diverse individuals across the lifespan. Communication skills, interview techniques, health history, and physical exam skills are introduced. Opportunities to apply health assessment skills, documentation, and critical thinking for nursing care planning are provided.

Prerequisite: BIO 2024 or BIO 2024; Admission to Upper-Division Nursing

Co/Prerequisite: NUR 3002; BIO 2034 or BIO 3044

### **Course Learning Outcomes:**

Upon satisfactory completion of this course, the student will have met the following outcomes:

1. Demonstrated a method of health assessment, which portrays a caring, professional attitude.
2. Conducted health assessment in a systematic sequence.
3. Communicated health assessment data accurately, systematically, and in medical terminology.
4. Utilized principles of therapeutic communication appropriate to the individuals needs.
5. Applied the nursing process to determine an accurate wholistic assessment, appropriate diagnoses, and limited primary prevention as interventions for individuals.
6. Utilized theoretical and empirical knowledge from nursing and other disciplines when performing and communicating an integrated health assessment.
7. Examined professional values (legal and ethical) and the Christian worldview in relation to health assessment and intervention.
8. Applied professional practice responsibility and accountability standards.

## **Textbooks/Learning Materials:**

### **Required:**

Kozier and Erb. (2006). *Fundamentals of Nursing Textbook Bundle*.

Nursing Central Software (nursing.unboundmedicine.com).

Stethoscope: Littman II Classic or better

TurningPoint ResponseCard XR (Clicker)

## **Teaching/Learning Methods:**

1. Lecture
2. Video
3. Demonstration/Return demonstration
4. Simulation
5. Case Studies

## **Course Requirements:**

1. Bring the following so that you can change and be dressed appropriately for the lab component that will demonstrate assessment techniques.
  - Ladies (Bathing suit, sports bra, tank top, shorts)
  - Gentlemen (Bathing trunks, shorts)
2. Lab component clothing should only be worn during the appropriate lab component.
3. Read assigned material and listen to podcasts prior to class.
4. Attend scheduled classes
5. Be prepared and participate in the class discussion.
6. Complete all assignments.
7. Students must spend at least one additional hour in lab practicing skills each week. Lab hours will be posted.

## **Methods of Evaluation:**

- |                                   |     |
|-----------------------------------|-----|
| 1. Class Participation            | 10% |
| 2. Quizzes                        | 10% |
| 3. 2 Tests @ 15% each             | 30% |
| 4. Final examination              | 20% |
| 5. Health History                 | 5%  |
| 6. Midterm check off              | 5%  |
| 7. Integrated Head-Toe Assessment | 20% |

## **Attendance:**

Attendance is required. All excused absences from class must be reported. Participation performance will not be penalized for excused absences. Tests will only be made up for excused absences and must be made up within one week.

**Grading Scale:**

The following grading scale will be used for all School of Nursing courses. Students must achieve a minimum of a C in each nursing course. This course will require a minimum of a 75% average for all examinations to receive a final grade of “C” in the course.

A	93-100
A-	90-92
B+	87-89
B	84-86
B-	82-83
C+	79-81
C	75-78
D	65-74
F	64-Below

**Additional Policies:**

- Attendance is required. Any unexcused absence will result in a 2% reduction in final grade. Absence due to illness is not considered excused.
- Check email and access E-college every day.
- Students are expected to have completed the required reading and projects in the study guide. In addition, it is expected that students will review, as needed, content from previous courses that has application to the current nursing topics (e.g. anatomy/physiology, pathophysiology, pharmacology, human growth and development, etc.).
- Students who miss class on the same day of an exam in another course but show up to take the exam will lose all class attendance and participation points.
- Students found text messaging during classes will be required to leave their phones with the professor during class time for the duration of the semester.
- The following policies are to be followed according to the current edition of the Navigator:
  - Computer Usage Policy
  - Dress Code: Standards of Dress and Personal Appearance
  - Academic Standards of Conduct: for the Community Value System and the Five Core Values of the PBA Community as well as descriptions of infractions of the standards and the discipline process.
- The following policies are to be followed according to the current edition of the PBA School of Nursing Handbook
  - Scholarship and Integrity, pp 19 – 29
  - Professional Behavior and the Care of others, p 22
  - Theory, Laboratory, Practicum Attendance and Assignment Submission, p 22
  - Students with Disability, p 28-29

**Course Content:**

Week	Content
1	Wholistic Assessment, Documentation, Interview
2	Interview Continued, Examination Process, Vital Signs
3	General Survey, Integument Assessment
4	Chest and Respiratory
5	<b>Complete health history DUE</b> Cardiovascular, Lymphatic Assessments
6	Abdominal

7	Diagnostic Tests <b>Mid-Term Check-off (Lab)</b>
8	Musculoskeletal Assessments
9	Neurological
10	Head, Face, Neck Assessments
11	Eye, Ear, Nose, Throat
12	Genitourinary, Gastrointestinal Assessments
13	Integrated Examination Breast, Testicular Assessments and Self Examinations & Health Promotion
14	Developmental, Social and Spiritual
15	<b>Integrated Head to Toe Assessment</b>
Finals	Final

**Assignments:**

**Quizzes:**

Quizzes will be administered during class using Clickers.

**Tests**

Tests are administered during class and are cumulative.

**Final Examination:**

The final examination is comprehensive and will be administered during the normal Final examination period.

**Health History:**

You will take a complete health history on a classmate, family member, or friend, write it up (on computer) and submit it. See E-college for more details and format.

**Midterm Check-off and Integrated Head to Toe Assessment**

You will perform a physical assessment on your lab partner. You must complete the full assessment with no prompting within the time limit in order to receive full points. See E-college for checklist and example video clip.

**Participation**

Participation and effort in lab. Participation points will be deducted for unprofessional behavior and absences of any kind during lab. Participation includes appropriate documentation for each unit.